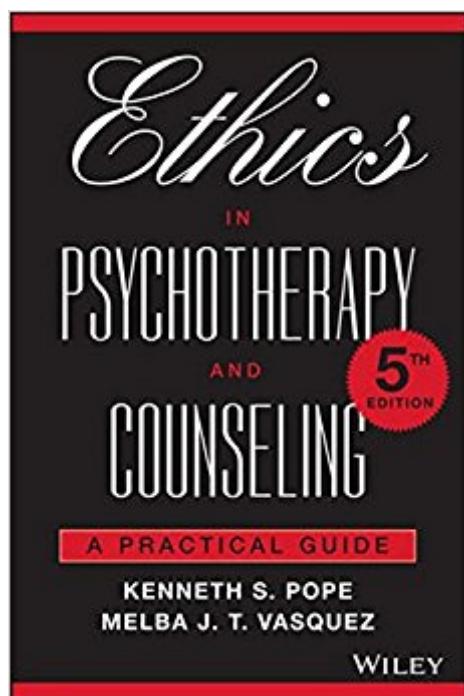


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Ethics In Psychotherapy And Counseling: A Practical Guide



Synopsis

The ethics book no psychology student or professional should be without Thoroughly updated and expanded to include recent research findings, landmark legal decisions, the Hoffman Investigation Report, and changes in the ethical guidelines of the American Psychological Association and the Canadian Psychological Association, the new 5th edition of Ethics in Psychotherapy and Counseling covers the latest developments in ethical thinking, standards, and practice. You'll learn how to strengthen your ethical awareness, judgement, and decision-making. Distinguished Emeritus Professor Don Meichenbaum described the 5th edition as 'a MUST READÂ book Â for both beginning and seasoned clinicians' and Professor David H. Barlow wrote, 'A stunningly good book. . . If there is only one book you buy on ethics, this is the one.' Covers the many changes and challenges brought about by new technology, EHRs, videoconferencing, and texting, as well as practicing across state and provincial borders Discusses moral distress and moral courage Includes 5 chapters on different aspects of critical thinking about ethical challenges, including a chapter on 'Ethics Placebos, Cons, and Creative Cheating: A User's Guide' Deals with complex issue of culture, race, religion, sexual identity, sexual orientation, and politics Provides steps to strengthen ethics in organizations Offers guidance on responding to ethics, licensing, and malpractice complaintsâ "not to imply that you'll need to after reading this book! Keeps the focus on practical, creative approaches to the responsibilities, challenges, and opportunities encountered by therapists and counselors in their work

Book Information

Paperback: 512 pages

Publisher: Wiley; 5 edition (January 26, 2016)

Language: English

ISBN-10: 1119195446

ISBN-13: 978-1119195443

Product Dimensions: 6 x 1.3 x 9 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 8 customer reviews

Best Sellers Rank: #11,812 in Books (See Top 100 in Books) #16 inÂ Books > Textbooks > Business & Finance > Business Ethics #25 inÂ Books > Business & Money > Business Culture > Ethics #29 inÂ Books > Textbooks > Social Sciences > Psychology > Clinical Psychology

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KENNETH S. POPE is in independent practice as a licensed psychologist. He has chaired the ethics committees of the American Psychological Association (APA) and the American Board of Professional Psychology (ABPP). He received the 2015 Canadian Psychological Association John C. Service Member of the Year Award. MELBA J. T. VASQUEZ is a psychologist in independent practice in Austin, Texas. She has served on various ethics committees and task forces and served as the 2011 President of the American Psychological Association.

As a retired therapist, I find much of this book applies just as well to life in general as it does to the practice of psychotherapy. Granted, it's a slow read. These authors don't tell us what to do, they

don't tell us what is or is not ethical. They ask us questions--they challenge us to think. I find myself needing to stop for a while to ponder a question or two. There's a thought-provoking exercise on pp. 55-57--three pages of explanations we humans use to justify the actions we're not very comfortable with. For example, "It's not unethical as long as a managed care administrator or insurance care reviewer required or suggested it. . . . It's not unethical as long as no law was broken . . ." Seeing these justifications in print is, well, thought-provoking.

This book is very readable, understandable, and relatable. Each topic has some real life case examples to demonstrate the concept. Ethics can be so dry, but not in this book. The topics covered are interesting, entertaining and really understandable making this the perfect Ethics course textbook. I was dreading taking Ethics. My class is engaged and enjoying discussing ethical issues as presented in the book. Well written and engaging.

Excellent book! It covers real life ethical issues and really puts a perspective on the issue.

Very well written and understanding of the complexity of ethics.

GREAT book. All you need to augment the AAMFT and ACA codes.

An excellent, practical resource with applicable clinical expertise.

Excellent practical guidance for students entering the field. Scenarios for discussion and thought are especially useful in class. So glad they included the chapters on the American Psychological Association's ethical failures.

Excellent read!

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